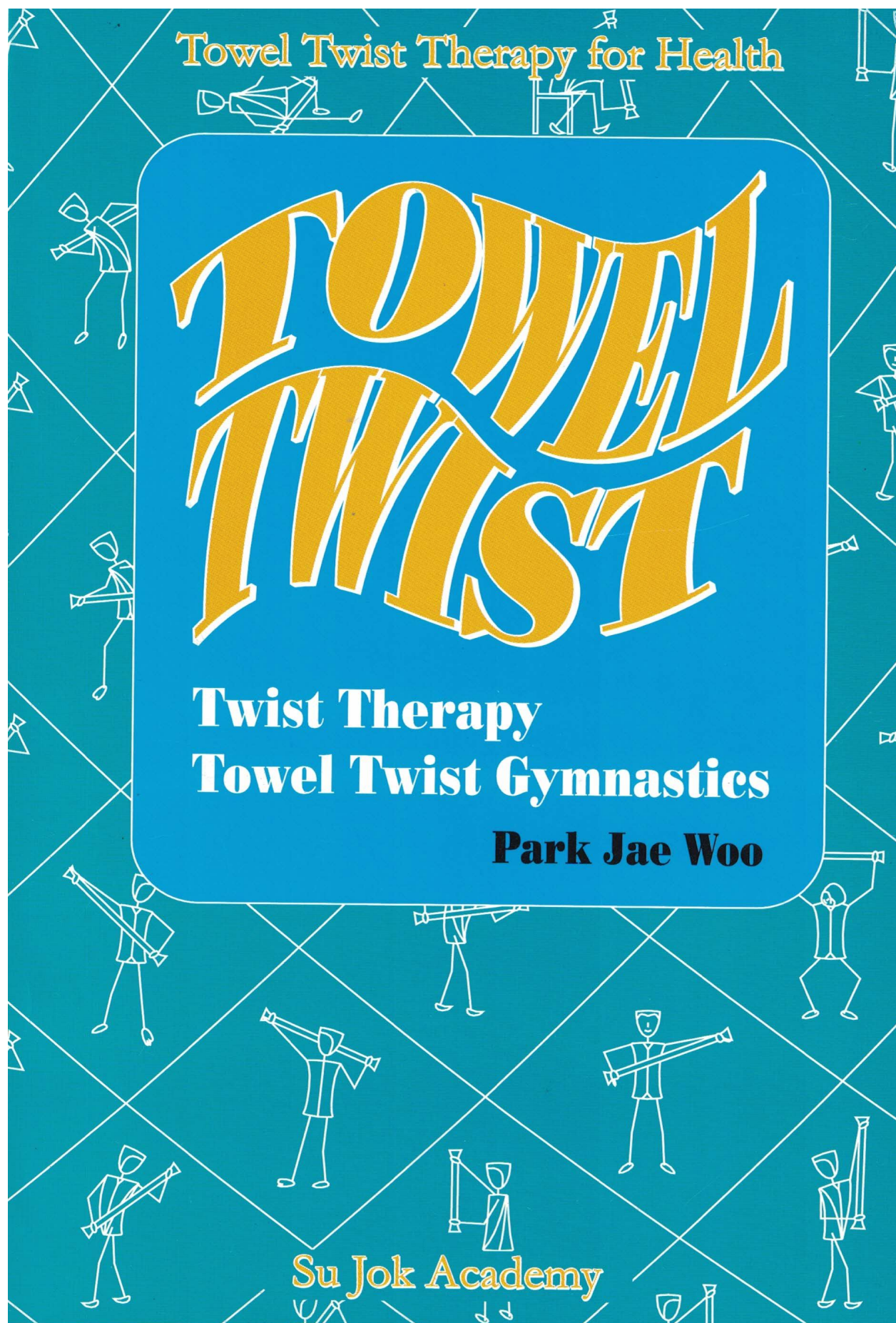
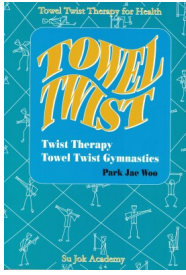


## TOWEL TWIST - Twist Therapy Towel Twist Gymnastics





Towel twist therapy is the original natural method of physical treatment of health problems using a simple aid – a towel, which can be found in every household. Accompanying manipulations with a towel by performance of twist motions and postures, we can achieve target activation of the meridians of the Spiral Neutro Energy Network of our body. The book is designed for specialists in drugless treatments and for the wide reading public.

Rating: Not Rated Yet

**Price**